

# NUTRITIONAL COMPOSITION



115 Peanut Drive Edenton, NC 27932  
252-482-2112 PH 252-482-7756 FX

## DRY ROASTED PEANUT GRANULES – MEDIUM PROFILE

Nutrients	Amount Per 100g Of Ingredient	By Analysis	By Calc.	Nutrients	Amount Per 100 g of Ingredient	By Analysis	By Calc.
Calories	587.0		x	Calcium, mg	58.0		x
Calories from fat	415.7		x	Copper, mg	0.4		x
Fat, g	49.7		x	Iron, mg	1.6		x
Saturated Fatty Acids, g	7.7		x	Magnesium, mg	178.0		x
Monounsaturated Fatty Acids, g	26.2		x	Potassium, mg	634.0		x
Polyunsaturated Fatty Acids, g	9.8		x	Phosphorus, mg	363.0		x
Trans-Fatty Acids, g	0.0		x	Sodium, mg	6.0		x
Cholesterol, mg	0.0		x	Tryptophan, g	0.2		x
Moisture, g	1.8		x	Threonine, g	0.8		x
Protein, g	24.4		x	Isoleucine, g	0.8		x
Ash, g	2.9		x	Leucine, g	1.5		x
Carbohydrates, total	21.3		x	Lysine, g	0.9		x
Dietary Fiber, g	8.4		x	Methionine, g	0.3		x
Sugars, g	4.9		x	Cystine, g	0.3		x
Added Sugars, g	0.0		x	Phenylalanine, g	1.2		x
Vitamin A, IU	0.0		x	Tyrosine, g	1.0		x
Vitamin B6, mg	0.5		x	Valine, g	1.0		x
Vitamin C, mg	0.0		x	Arginine, g	2.8		x
Vitamin D, IU	0.0		x	Histidine, g	0.6		x
Vitamin E (alpha-tocopherol), mg	4.9		x	Alanine, g	0.9		x
Folacin, mcg	97.0		x	Aspartic acid, g	2.9		x
Pantothenic Acid, mg	1.0		x	Glutamic acid, g	4.9		x
Thiamine, mg	0.2		x	Glycine, g	1.4		x
Riboflavin, mg	0.2		x	Proline, g	1.0		x
Niacin, mg	14.4		x	Serine, g	1.2		x
Zinc, mg	2.8		x				

Values provided are calculated from analytical data.

This information is presented in good faith as typical; however, due to the variability of raw materials and processing, we cannot guarantee that these values are accurate for any specific lots of product supplied.